

# DID YOU KNOW...

that regular chiropractic care may improve your child's immune function, possibly resulting in less colds and seasonal ailments?



A study by Lee and colleagues extrapolated that some 30 million visits were made by pediatric patients to chiropractors in 1997. A 2005 study by the National Board of Chiropractic Examiners revealed that the percentage of chiropractic patients under 17 years of age has increased 8.5% since 1991 from 9.7% to 18.2%. The chiropractic care of children is therefore a substantial aspect of chiropractic and the care of children in general. Safety and effectiveness are issues germane to all healthcare providers. To contribute to evidence-based practice, this study was undertaken to determine the effectiveness associated with the chiropractic care of children.

Doctors of Chiropractic participating in a practice-based research network provided the data. **The primary complaints were:** ENT/Respiratory Disorders, Gastrointestinal Problems and Musculoskeletal Problems. **Secondary complaints were:** Neuromuscular Dysfunction/Headaches, ENT/Respiratory Disorders, and Immune Dysfunction.

With respect to treatment-associated outcomes; 776 reported experiencing an overall improvement in their presenting symptoms with 17 reported treatment-associated aggravations from 16 patients. There were no treatment-associated complications.

Interestingly, 36 DCs reported patient improvements that were unrelated to the presenting complaint, including improved immune function.

For more information visit  
<http://icpa4kids.org/Chiropractic-Research/the-safety-and-effectiveness-of-pediatric-chiropractic-results-from-a-practice-based-research-network.html>.