

# DID YOU KNOW...

that visiting a chiropractor can benefit small children?



Based on an American Chiropractic Association Report, there were an estimated 20 million pediatric visits in the 1980s. In 1998, there were an estimated 30 million pediatric visits annually. Last year, utilizing these estimates and based on a study by the International Chiropractic Pediatric Association (ICPA), Dr. Joel Alcantara, ICPA research director, estimated approximately 68 million pediatric visits annually. Since this was derived from a study done by ICPA members, there is some bias, admits Jeanne Ohm, ICPA executive coordinator, because they know their members see a greater amount of children annually than the average chiropractor.

Still, these results clearly show that it is common for children to receive chiropractic care. Furthermore, this care is safe. The ICPA presented preliminary results of their Practiced Based Research Network, listing three improvements with care noted by both doctors and parents involved in the survey: sleep, attitudes/behavior and immune system function.

For more information visit: [www.babiestoday.com/articles/general-health/chiropractic-care-for-babies-6316/](http://www.babiestoday.com/articles/general-health/chiropractic-care-for-babies-6316/)